

Midday Prayers 2009: Cost of Relationship
June

Our Father who art in heaven...

Monday

Our Father in heaven, hallowed be your name...
Pause to reflect on the holiness of God's name.

'Thine is the Kingdom,
the Power and the Glory.'
We say it at least once every week,
rounding it off with an 'Amen' –
so let it be, Lord, let it be.
A fervent wish ...
But remind us
that despite the evidence of our eyes,
as we see the sorry state of the world,
despite the closer-to-home evidence of our lives,
with their well-known failures,
despite all the evidence,
we speak mere truth:
for *yours* is the Kingdom,
come to our world in Jesus,
come to our hearts in the Holy Spirit.
Toe-holds maybe it sometimes seems,
but toe-holds add up,
especially when your Power is added.
So power your Kingdom in our lives, Lord,
surge through and shine with glory,
even through us.
Build your Kingdom, Lord, with your Power,
to your Glory.

Dorothy M Stewart

A Prayer to the God Who Lives Within
**Spirit of the Living God,
Move through my life with winds of blessing.
Breathe in me! Wash over me!
Empower me!
Fan the embers of hope hidden in my strife.
Blow away all that hinders me from living an abundant life...**

Joyce Rupp

Tuesday

Your kingdom come, your will be done,
on earth as in heaven...

Pause to reflect on your part in God's kingdom.

A Prayer to the God Who Lives Within

Bright Dawn of God,
Move through my life with winds of blessing.
Reveal! Illuminate! Make known!
Unveil the treasures that are hidden from my sight.
Gift me with stars in the clouds of my night.
Usher me into meadows of delight.

Joyce Rupp

Praise and thanksgiving

God, Creator of heaven, earth and sea,
and all that is in them.

**All: We are your people,
we give you thanks,
we celebrate the promise of your creation.**

God, Love incarnate,
in Jesus you reconciled all people to you.

**All: We are your people,
we give you thanks,
we celebrate your promise of peace.**

God, you shake us and fill us with your Spirit,
you stretch out your hand to heal and restore.

**All: We are your people,
we give you thanks,
we celebrate your promise of hope.**

For the kingdom,
the power, and the glory,
are yours now and for ever.
Amen

Wednesday

Help us Lord, to do your will...

Pause to reflect on what God is calling you to now.

A Prayer to the God Who Lives Within

Heart of my heart,

Move through my life with winds of blessing.
Balance! Harmonize! Unify!
Calm the warring factions in my life.
Integrate in me all that has been torn apart.
Merge the joys and sorrows of my heart. *Joyce Rupp*

All: All that I am, Lord

I place into your hands, Lord
all that I do,
I place into your hands, Lord
everything I work for,
I place into your hands, Lord
those with whom I work,

I place into your hands, Lord
every thing I hope for,
I place into your hands, Lord
the troubles that weary me,
I place into your hands, Lord
the thoughts that disturb me,
I place into your hands, Lord
each one I pray for,
I place into your hands, Lord
each that I care for.
Hold us safe, Lord.

**For the kingdom, the power, and the glory,
are yours now and for ever.
Amen**

Thursday

Give us today our daily bread...
Pause to reflect on those who have no daily bread. What can you do?

The focus on the word "today" recalls the providence which rained down manna from above, providing enough for each day as it comes. Scripture is always strong on the idea of "today", living in the present.

For all we need today, we humbly trust in the providence of our Father. May we be generous with those who have nothing so that when we say 'Give us today our daily bread', we mean *all* of us and not just me.

A Prayer to the God Who Lives Within

O God of Loveliness,
Move through my life with winds of blessing.
Attend! Transform! Guide!

Massage the places where I am stuck in pain.
Accompany me into the healing spaces.
Refresh me, give me a new name.
Joyce Rupp

Lord, as we offer you
all that is ordinary and everyday in our lives,
we ask you
to give us the power of your Spirit
that we may do the ordinary things of life
in an extraordinary way.
Amen

For the kingdom, the power, and the glory,
are yours now and for ever.
Amen

Friday

Forgive us our sins as we forgive those who sin against us..
Pause to reflect on those you need to forgive. Can you?

A Prayer to the God Who Lives Within

Abiding Presence,
Move through my life with winds of blessing.
Soften! Support! Sustain!
Tend the part of me that struggles
with forgiveness, guilt, and doubt.
Gentle whatever in me closes others out.
Joyce Rupp

From Getting My Pages Straight...

Author of the Universe
you have written your Word
in the pages of my heart –
your morning star
in my starless gloom;
your freshening breeze
in my stagnating fear;
your living water
in my parched resolve;
your still small voice
in my earthquake, wind and fire.
Norm S D Esdon, Canada

For the kingdom,

the power,
and the glory,
are yours now and for ever. Amen

Saturday

Lead us not into temptation but deliver us from evil....
Pause to reflect on those things that distract you from God.

A Prayer to the God Who Lives Within

O Beauty, ever ancient, ever new,
Move through my life with winds of blessing.
Animate! Revitalize! Renew!
Lead me to the gold in my memories.
Rekindle in me that which appears to be lost.
Revive my spirit no matter what the cost.

O Memory of God,
Move through my life with winds of blessing.
Remember! Evoke! Behold!
Recall the lost gifts of my turbulent days.
Lead me to my own tabernacle of memory.
Together let us remember the gold.

Joyce Rupp

The Handle

We give thanks for the invention of the handle.
Without it there would be many things we couldn't hold on to.
As for the things we can't hold on to anyway,
let us gracefully accept their ungraspable nature
and celebrate all things elusive, fleeting and intangible.
They mystify us and make us receptive to truth and beauty.
We celebrate and give thanks.

Amen *Michael Leuning - The Age*

For the kingdom, the power, and the glory,
are yours now and for ever.
Amen

Prayers for Mothers' Union

God our Father, through your love may we empower the work of the Mothers' Union worldwide.
Today we pray for the people and the work of:

Wave of Prayer

1 - 5 **Tanzania:** Dar es Salaam, Zanzibar & Tanga; **Rwanda:** Kibungo; **New Zealand:**

- Polynesia; **Nigeria:** Ukwa; **York:** Newcastle
- 6 - 10 **Papua New Guinea:** Aipo Rongo & New Guinea Islands; **West Indies:** Guyana;
Nigeria: Ibadan, Ife & Osun; **Canterbury:** Norwich
- 11 - 15 **Congo:** Boga & Kisangani & Aru; **Nigeria:** Okigwe North, Okigwe South, Orlu
& Owerri; **Canterbury:** Oxford
- 16 - 20 **Kenya:** Bungoma; **West Africa:** Guinea; **Central Africa:** Manicaland; **Korea:** Pusan,
Seoul & Taejon; **Canterbury:** Peterborough
- 21 - 25 **Nigeria:** Egba, Lagos, Lagos West, Remo & Yewa; **Australia:** Sydney; **Sudan:** Malakal;
Jerusalem and the Middle East; **Members in Iraq;** **Canterbury:** Portsmouth
- 26 - 30 **Australia:** Bathurst; **Uganda:** Luwero, Mukono & Namirembe; **Nigeria:** Wusasa &
Gwagwalada; **York:** Ripon & Leeds

A moment of silence is kept.

We bring before God our prayers for the world and for ourselves.

Gathered together again at noontime, we offer our prayers today.
As you are God of all, make us ever mindful of our worldwide union,
God of this time, this season, this month, God of all. Amen

Blessing

God our Father,
be among us this day and always,.
Guide and protect us in love, spirit and truth -
that we may know our hearts are restless until they rest in you.
Amen

If you would like these prayers in Word format please contact
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