

BLESSINGS & CHALLENGES CHART OF MY PERSONAL LIFE JOURNEY

In the chart below you are invited to reflect on your life and on your relationships: what type of challenges and blessings do they bring you?

MY LIFE & RELATIONSHIPS	TYPES OF CHALLENGES	TYPES OF BLESSINGS
God		
Family and friends		
Mothers' Union		
Work (paid or non-paid)		
Church		
Finances and House/Flat		
Health		
Hopes and dreams		

1. What do your answers say to you about where your priorities are right now?
2. Are there any issues which you would like to address right now?
3. Who might be able to support you with any of these issues?
4. Are there people who could pray with you right now?
5. Make some time to thank God for your blessings this week.