


RELATIONSHIP NOT RULES: LENT 2010

MONDAY Love for family	TUESDAY Love for friends	WEDNESDAY Love for strangers	THURSDAY Love for those in need	FRIDAY Love for God's world	SATURDAY Love for God's church	SUNDAY Love for God
15TH February START HERE  Get ready for Lent. Thank God that his commandments are rooted in love and lead to relationship John 15:9-10	16th <i>Shrove Tuesday</i> Read Luke 11:27 and reflect on your love for God	17th <i>Ash Wednesday</i> Read Luke 11:27-29 and ask God to show you "who is my neighbour?"	18th Read a section of the mini Social Policy Toolkit. Buy through MU Central Services	19th Pray for one country in the news because of natural or man-made disaster	20th Consider inviting a friend or one of your neighbours to your local church	21st Choose a Psalm that reflects your love for God and use it as a prayer
22nd Look back at photos of special times and thank God for precious memories	23rd Arrange to meet a friend so you can enjoy their company	24th Highlight news items about asylum seekers and foreign workers. Make them a focus of prayer	25th Clear out your home and take unwanted possessions to a charity shop	26th Go for a walk and thank God for the place where you live, with its joys and challenges	27th Pray for churches overseas that are under pressure because of their Christian witness	28th Reflect on something which has strengthened your love for God
1st Invite a member of your MU family to share in a meal or activity	2nd Pray today for a friend in particular need	3rd Make a point of speaking to someone you don't know today	4th Consider lobbying your politicians on issues being targeted by your local MU	5th Read "Bringing the world home" Buy through MU Central Services	6th Reflect on Colossians 1:18. Thank God that Jesus is head of the church	7th Pray for those whose love for God is being tested through hard times

<p>8th Contact a friend or family member you've not seen for a while</p>	<p>9th Think of an "act of kindness" to do for a friend</p>	<p>10th Read about another religion and find a value that we share together</p>	<p>11th Reflect on Matthew 25:35-36. Pray for ways to respond to this</p>	<p>12th Look in your garden or local park - wonder at the intricacy of one plant</p>	<p>13th What part of the body do you feel represents your role in the church?</p>	<p>14th List some attributes of God and thank him for them</p>
<p>15th Pray for those involved in the MU Parenting Programme</p>	<p>16th Remember friends past and present, and thank God for them</p>	<p>17th Reflect on Leviticus 19:33-34 in the light of today's world</p>	<p>18th Think of one way to help a person you know who has particular needs</p>	<p>19th Consider your carbon footprint. Find one way to save energy today</p>	<p>20th Pray for someone in your church who you find it hard to love</p>	<p>21st Reflect on a word or picture which represents your love for God</p>
<p>22nd Pray for or offer practical help to a family you know with young children</p>	<p>23rd Have a conversation with a friend where you listen more than you speak</p>	<p>24th Remember a time when you felt like an outsider. Use that memory to empathise with others</p>	<p>25th Buy a copy of <i>Families First</i> or other item from MUE to support the Mothers' Union</p>	<p>26th Reflect on Genesis 1:26-27. How well are you stewarding God's creation?</p>	<p>27th Think of one practical way to encourage your church leader</p>	<p>28th <i>Palm Sunday & Holy Week</i> Jesus entered Jerusalem to great praise. Praise him today for his selfless love</p>
<p>29th Write a card expressing appreciation for someone in your MU family</p>	<p>30th Reflect on John 15:14-15 and thank Jesus that he calls us his friends.</p>	<p>31st Look out of your window for five minutes and pray for anyone who passes by</p>	<p>1st April <i>Maundy Thursday</i> Thank you God for the servant heart of Jesus</p>	<p>2nd <i>Good Friday</i> Thank you God for your amazing sacrificial love</p>	<p>3rd <i>Easter Eve</i> Where, O death, is your victory? Where is your sting? 1 Cor 15:55</p>	<p>4th EASTER DAY Thank you God for the promise of Resurrection life. May we rise with you today.</p>

Encourage members to keep a weekly diary or journal where they record thoughts arising from the suggestions on the chart. These could form the basis of a time of sharing at their Branch meetings or in preparing acts of worship.